

## COST

Fees apply to this service.

A fee is negotiated upon ability to pay and the level of assistance given on the Home Care program. This is calculated at 17.5% of the pension. An income tested fee applies from 1 July 2014. This is determined by Centrelink.

No one will be refused service because of an inability to pay.

For further information on this program please contact:

### **Your Aged care at Home**

49– 51 Stanley Street

Bankstown NSW 2200

Phone / Fax (02) 8764 3669

Email: [youragedcare@optusnet.com.au](mailto:youragedcare@optusnet.com.au)

Web: <http://www.slb.org.au>

Home Care Packages are available to residents living in the following Aged Care planning regions - Inner West, South-West and Western Sydney



YOUR AGED CARE  
AT HOME

# HOME CARE PACKAGES

Subsidised by the Department of  
Social Services

## Are you, or someone you know thinking of moving into care because you can no longer cope at home with everyday tasks?

Your Aged Care at Home is a community based aged care program which assists the older person to continue to live at home despite increasing difficulties and support needs.

It is a program based on permanent needs of the individual, not on temporary needs, such as recovery after an operation.

Home Care Package services are provided by community organisations, in this case, Your Aged care at Home Ltd, but are subsidised by the Department of Social Services

### WHO CAN REFER?

Anyone can refer:

Aged Care Assessment Team  
Self  
Relative  
Hospital  
Community Worker  
Friend  
Doctor

### WHO CAN USE THIS SERVICE

This service is available to elderly people who have been assessed as being eligible for a Home Care Package by the ACAT.

Home Care Packages provide individually planned and coordinated services, designed to meet older people's daily care needs in the community. They are targeted at frail older people living in the community who require management of services because of their complex care needs.

These complex care needs could include:

- a variety of care needs such as physical, medical, social and emotional
- a need for services that are not provided or available from other community services
- a preference to remain living at home
- a need for ongoing monitoring and review of changing care needs

### ASSESSMENT

To be eligible to receive a home care package, your needs must be assessed by an Aged Care Assessment Team (ACAT), who will determine whether a care package is suitable for you.

### TYPES OF SERVICES

The types of services you may receive as part of a care package could include:

- assistance with personal care, such as showering/personal hygiene
- assistance with dressing/undressing
- toileting
- mobility
- transfers
- home help
- shopping
- laundry
- transport to medical and allied health appointments, shopping and outings as negotiated
- gardening
- preparing and eating meals
- monitoring medications
- home respite
- emotional support
- advocacy

Your individual program is prepared in discussion with you and the Manager. Regular contact with the Manager ensures you keep receiving the services you want.

The services provided are very flexible and can change as your needs change.

**Confidentiality is assured at all times.**